



Muddy Paws!

10 and 5 Mile Trail Race. 2 Mile Trail Race with Your Dog

Saturday July 11th - Benefiting the Humane Society of Greater Akron
2 Mile starts at 7:00am | 5 & 10 mile start at 7:30am

Join us on July 11th at Pine Hollow Trail Head for a scenic trail run and walk in the gorgeous Cuyahoga Valley National Park, just down the street from the Humane Society of Greater Akron! The trail is 10 and 5 miles, and if you enjoy running with your dog, there's a 2 mile course for you! The proceeds from the event benefit the HSGA. Participants in the 5 & 10 mile races receive a tech tee. Participants in the 2 mile receive a T-shirt.

Registration

2 Mile = \$15 pre-registered fee, \$20 the day of, 7:00am START
5 Mile = \$25 pre-registered fee, \$30 the day of, 7:30 START
10 Mile = \$30 pre-registered fee, \$35 the day of, 7:30 START



Awards

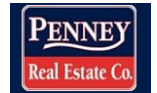
The top 3 runners Men & Women overall and in each age group will receive an award.

Age Groups

14 & under, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70+

For More Information

Contact Vertical Runner - 330-656-1176



Muddy Paws 2 and 10/5 Mile Trail Races



First Name _____ Last Name _____

Dog Name _____

Address _____ City _____ State _____ Zip _____

Race- 10 Mile / 5 Mile / 2 Mile Age ____ Sex M F (Circle)

T-shirt Size: XS S M L XL (circle)

Release: In consideration of the acceptance of this entry to the Muddy Paws, I do hereby, for myself, my heirs, executors, and administrators, waive and release and discharge Vertical Runner, HSGA, Road Runners Club of America, City of Cuyahoga Falls, Boston Township, and any additional hosts or sponsors, or their respective agents, representatives and employees, from all claims, demands, and rights of causes of action, present and future, whether known or anticipated, resulting from or arising out of either directly or indirectly, my participation in the race. I attest that I am physically fit and sufficiently trained for the completion of this race. I hereby grant full permission to any and all of the foregoing to use any photographs, videotapes, motion pictures, recordings, or any other record of the event for any legitimate purpose. I have read and understand the foregoing assumption of risk and release.

Signature _____ Date _____

Signature of parent or guardian if under 18 _____ Date _____

PLEASE RETURN THIS COMPLETED FORM TO:

**Vertical Runner
134 North Main Street
Hudson, OH 44236**

**Race Number
Do not fill in**

I HAVE INCLUDED MY CHECK PAYABLE TO Vince Rucci

I would like to donate an additional \$ _____ to the Humane Society (include in check)