

2010 New Balance Girls on the Run 5K

Women Only - Walkers Welcome



The New Balance Girls on the Run 5K

is a community event to benefit the local chapter of Girls on the Run, a non-profit prevention program that encourages pre-teen girls to develop self-respect and healthy lifestyles through running. Support the young girls who participated in this season's GOTR program as they complete their first 5K.



Race Day is Saturday, June 5, 2010 at 8:00 AM



The New Balance Girls on the Run 5K is part of the 2010 Subway Challenge Series.

CHECK OUT THESE RUNNERS' PERKS!!!

(Prepare to be spoiled for a day)

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- **Sheri's Sweets Chocolate** for all runners!
- **Awesome door prizes and drawings** including a fabulous **spa package** as well as a pair of **round trip tickets** courtesy of Airtran Airways (\$1000 value).
- **Indoor restrooms** and changing room!
- **Certified, flat scenic course** – perfect for that P.R.!
- **Olympic style Start/Finish** in front of spectator stands-bring your friends and support crews (shh...we've got random giveaways for them too!)
- **Chocolate chip cookies!**
- **Did we mention CHOCOLATE?**
- **Massages** after the race!

- Location:** Walsh University Campus, 2020 E Maple St, N. Canton OH
- Directions:** From I-77, take Exit 111 and go east on Portage St. (toward N. Canton). Follow Portage St. to N. Main St. Turn right on N. Main St and then left at E. Maple St. (the former Hoover Co). Continue east to Walsh University. Follow signs to race parking areas.
- Course:** The certified course starts at the running track at Walsh University. It utilizes a portion of the Stark Parks Hoover Corridor Trail, a scenic wooded trail where runners will experience lush vegetation, wildlife and beautiful landscapes. Runners will then finish with a one lap loop around the Walsh University track in front of family and friends seated in the bleachers.
- Entry Fees:** \$20 pre-registration through May 27, 2010
\$25 race day registration
\$15 for ages 12 and under
- Packet pick-up:** Race packets may be picked up on race morning starting at 6:30 AM at the Walsh University Physical Education Building.
- All runners:** Receive complimentary gift, raffle entry ticket, specially designed T-shirts to the first 400 entrants and admission to post race party.
- Race Timing:** The race will be timed using the MyLaps Timing System.
- Photos:** On course photographer(s) will be on the course to capture the magic. Photos will be available on-line soon after the race.
- Contact:** Questions or comments? Email Race Director Patty @ pjjlovell@sbcglobal.net or Co-Race Director Dennis @ dreammaker47@prodigy.net.
- Registration:** On-line registration available through May 27, 2010 at www.signmeup.com or by mail.

First Name _____ Last Name _____ Race Day Age _____

Birth Date _____ Email _____

Address _____ City _____ State _____

Zip _____ Phone _____

Shirt size: Youth S M L Adult S M L XL

I am registering for: 5K Run _____ Walk _____

Total enclosed for race registration \$ _____

Waiver Release

I, the undersigned, realize that running a road race is a potentially hazardous activity. I should not enter and run/walk unless I am medically able and have trained properly for the event. I agree to abide by any decisions of a race official relative to safely completing the run/walk. I assume all risks associated in running this event including, but not limited to, falls, contact with other participants, the effects of the weather, traffic and the conditions of the road/trail, all such risks being known and approved by my entry. I for myself and anyone entitled to act in my behalf, waive and release Girls on the Run, New Balance, Subway Challenge Series, Stark Parks, the City of North Canton, Walsh University, Stark County, all sponsors, their representatives and successors from all claims of liability of any kind arising out of my participation in this event. I hereby grant full permission to any or all of the foregoing to use any photographs, video tapes, motion pictures, recordings or and other record of this event for any legitimate purpose. All race entries are non-refundable.

Signature (Parent or Guardian if under 18) _____ Date _____

Mail entry form and fee to: **Girls on the Run**
1013 27th St NE
Canton OH 44714

Make checks payable to Girls on the Run. Fees are non-refundable. We reserve the right to reject entries.

Special thanks to our sponsors!

